



2025 GOVERNMENT SHUTDOWN RESOURCES

The federal government has entered a shutdown as of 12:01 AM ET on Wednesday, October 1, 2025. A government shutdown can have wide-ranging impacts on our community—from delays in federal services to uncertainty for federal workers, small businesses, military families, and Virgin Islanders who depend on critical government programs.

As your representative in Congress, my top priority is ensuring that you and your family have the resources and information you need to navigate this moment. **While many federal operations may pause, my offices will remain open and continue to process federal agency casework, connect you with available resources, and advocate on your behalf for critical services.** Please contact St. Thomas (340-774-4408), St. Croix (340-778-5900), or Washington, D.C. (202-225-1790) for assistance. However, please note that response times from federal agencies may be significantly longer than usual as agencies operate with reduced staff due to furloughs and staffing shortages. Below, you will find resources in the Virgin Islands.



VIRGIN ISLANDS RESOURCES

St. Croix Food Banks

Light House Mission (340-773-3551)

27C Company Street, Christiansted, St. Croix

Breakfast: Monday, Tuesday, Wednesday, Friday, and Saturday,
8:00AM – 9:00AM

Personal Care Center: Tuesday and Friday, 7:30AM - 9:00AM

My Brother's Table (340-772-3663 or 340 778-0520)

31B Hospital Street, Frederiksted, St. Croix (one block North of
Frederiksted Post Office)

Monday - Friday, 12:00 to 1:00 PM (except National Holidays)

St. Croix Catholic Charities

16 Friedensthal, Christiansted, St. Croix

Lunch Pick up Services: 11:00 AM - 11:30 AM

Food Bank: Open when items are available

Bus Services: 11:30, 3:30 PM (Christiansted Town to Kmart West,
hail the white van)

Lutheran Social Services (340-772-0589)

24-27 Hospital Street, Frederiksted, St. Croix

Outreach Services: 8:00AM - 5:00PM

St. John Food Banks

St. John Catholic Charities of the VI (340-777-8518)

5AA-5AB Cruz Bay (Catholic Church)

Soup Kitchen Breakfast: Monday – Friday, 8:00AM

Soup Kitchen Lunch: Monday – Friday, 12:00PM



St. Thomas Food Banks

St. Thomas Catholic Charities (340-777-8515)

68 Kronprindsens Gade, St. Thomas

(Blue building across from the old Vitelco Building)

Soup Kitchen: Monday- Friday, 12:30PM

Breakfast: Monday & Friday 8:30AM - 9:00 AM

Outreach Services provided daily, connects individuals to mainstream and non-profit service providers, facilitates health and mental health ,clinic appointments, and offer assistance navigating the Medicaid, Medicare and SNAP systems of benefits.

Meeting the Needs of our Community, Inc. (MTOC) (340-714-7782)

4A Kronprindsens Gade, St. Thomas

(Across from Market Square – opposite of Methodist Church)

Soup Kitchen: 3rd Thursday of each month, 2PM – until

Support services for homeless, housing placement and services for veterans and families

Salvation Army (340-776-0070)

Market Square – Main Street, St. Thomas

Soup Kitchen Lunch: Monday – Friday, 11:30AM



Clinics

St. Croix

Frederiksted Healthcare Center (340-772-0260, ext. 2139 for Assistant Director of Outreach Programs, Mr. Nieves)

516 Strand Street, Frederiksted, St. Croix

Full Saturday Clinic/Dental: 9:00 am – 2:00 pm (no appointment needed, for homeless individuals)

Food, Clothing, and Shower Facilities: Monday – Friday during normal operation hours

Mental Health Services: by appointment

St. Thomas

St. Thomas East End Medical Center Corporation (340-775-3700)

Tutu Park Mall (Next to the Post Office)

Full Service Medical Center to include pediatrics, general dentistry and behavioral health

Appointments preferred, walk-ins allowed for emergencies only

Monday – Friday (except holidays), 7:30AM - 5:30PM

St. John

Myrah Keating Smith Community Health Center (340-693-8900)

Susannaberg, St. John

Full-Service Community Health Center

Appointments are needed, walk-ins allowed for emergencies only

Open 24 hours daily

Morris de Castro Clinic (340-776-6400)

Strande Street (Cruz Bay)

Full Service Community Clinic

Monday-Friday: 8AM – 4PM



Medical

St. Thomas

Patient Assist VI (340-775-0053)

6501 Red Hook Plaza, St. Thomas

Provides services for the uninsured and underinsured and low-income patients to obtain prescription drug medications

Mental Health

St. Croix

Island Therapy St. Croix (340-719-7007)

5030 Anchor Way Suite 9&10, Christiansted, St. Croix

Focuses on mental health wellness, including psychological and developmental services.

St. Thomas

Insight Psychological Services (340-774-2228)

9151 Estate Thomas Foothills Professional Bldg. Suite 204

Full-service group practice with social workers, psychologists, psychiatric nurse practitioners and psychiatrists

Catholic Charities, Bethlehem House (340-774-4663)

9 Hospital Ground, St. Thomas

Monthly clinic every 2nd Saturday of the month.

Disaster Distress Helpline: If you or someone you know has been affected by a disaster and needs immediate assistance, please call or text for information, support, and counseling. You will be connected to the nearest crisis center. It's Free. It's Confidential.

Call toll-free 800-985-5990

Text TalkWithUs to 66746

TTY for Deaf/Hearing Impaired: 800-846-8517

National Suicide Prevention Hotline: 1-800-273-TALK



Virgin Islands Department of Human Services

St. Croix:

3012 Golden Rock, Christiansted (340-718-2980)

St. Thomas

Knud Hansen Complex, Building A, Hospital Ground (340-774-0930)

St. John:

DHS Headquarters St. John, Cruz Bay (340-776-6334)

Temporary Assistance to Needy Families (TANF)

This program serves clients 18 years or older with a dependent child(ren). Under the TANF program, benefits can only be given for a lifetime period of 60 months.

Emergency Assistance

This program serves clients 18 years or older (one-time cash emergency assistance during a fiscal year).

Virgin Islands Department of Health

Behavioral Health, Alcoholism, and Drug Dependency Services

St. Croix: 340-712-0096 and 340-718-1311

St. Thomas: 340-774-9000

St. John: 340-776-6400

Morris DeCastro Clinic

Monday, Wednesday, Friday, 8AM – 4PM